



Country Vibes

ISSUE 001 - APRIL 2023

A Limuru Country Club Newsletter

Club House Project

Preparing for Takeoff

Country Club Activities

Where We've Been. Where We're Going

Augusta Chronicles

Golf • Tennis • Squash • Bowling • Cricket • Nature Trail

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Editorial

It has been a long time coming but we must say we are glad to bring back Country Vibes, your Club newsletter which will be published quarterly. As we conclude the first quarter of 2023, there is a lot reflect on and even more to be excited about that we anticipate in the coming few months.

In this edition of Country Vibes, you will find out more about some of the recent developments and improvements we have achieved. You will also be updated on the what you can expect from various sections including Gymkhana, Golf and F&B.

The high temperatures and strong winds experienced since the beginning of the year have been of major concern to all not just due to the effects on the golf course but also due to the broader economic and social effects. The country has not faced such server weather conditions in forty years. This has had a direct impact on the supply and cost of food items and has also resulted in high costs of maintenance for the golf course. We are grateful that the rains are here now and will offer a reprieve to both these situations. We shall continue with the plans supplement our water supply in order to mitigate against such conditions in future.

On improvements to our services and facilities, we completed the facelift of the Bowling and tennis area which is now more visible from both the parking area and the golf course from holes number 10 and 18. In mid-February, we reopened the Bowling green after a couple of months in which the surface was redone. This was followed by a very successful Valentines Tournament that attracted over 27 Bowlers from various clubs in the country. The intermittent operations at the Car Wash were addressed by procuring a new equipment. You can now continue enjoying the services of getting your car cleaned, vacuumed and polished as you engage in other activities at the club.



During the quarter we also reopened the nature trail for those that enjoy quiet walks in a peaceful safe and serene environment. If you haven't tried it, I welcome you to do it soon. While this is only a snippet of the key highlights of this first quarter, let me wrap up by saying that we are excited to have finalized the reciprocation arrangements between Limuru Country Club and Kigali Golf Resort & Villas as well as Nyali Golf & Country Club. Remember to take your LCC membership card with you when you visit these facilities.

Thank you for your patronage this quarter and the team and I look forward to offering you great service.

David Ndungu
Ag. GM



Singleton *Moment*

**Purchase full bottles of
Singleton and receive one
portion of chicken wings.**



DO NOT FORWARD TO PERSONS UNDER THE AGE OF 18 YEARS.

EXCESSIVE CONSUMPTION OF ALCOHOL IS HARMFUL TO YOUR HEALTH. NOT FOR SALE TO PERSONS UNDER THE AGE OF 18 YEARS.





From The Chairman

exact bounds and limits of our property. This was completed in February and we shall keep you updated on the recommendations that arose from that exercise.

Our guest registration and management process was implemented in order to enhance our knowledge of who is at the club at any given time. This will dovetail with the introduction of an access control system to better manage human and vehicular traffic in and out of the club.

The Club house expansion project is still on track and the process of mobilization of funds through the development levy as well as the LCC Private Bond has seen us raise KSh. 3.6 million so far. Project consultants have been identified and contracted and the process of building plan approvals will commence any time now.

In closing I invite all of us to join us in improving our club's and country's forest cover during this rainy season. We have recently planted over 500 tree seedlings and I wish to express my sincere appreciation to KENGEN who generously donated most of those as well as some individual members who have selflessly done the same. I invite other members willing to donate any tree seedlings to the club to get in touch with the Club office for the same. We especially encourage planting of bamboo seedlings as these act as a natural water reservoirs.

Thank you all for your patronage and wishing you a great second quarter.

On behalf of the Club leadership I invite you all to enjoy consuming the content we have put together in this newsletter. 2023 begun well and as is the tradition, the first golf tournament was sponsored by the Board of Directors. We have since then continued to enjoy a series of quality golf and non-golfing events that aim to accommodate all sections of our membership. These include tournaments such as the Ladies Invitational, the LCC Valentine Bowls, Valentines dinner, Jack Daniel's Whisky tasting and a number of barbecue Sunday events. The LCC Golf course has also been a popular attraction to various golfing groups with many of our Sunday mornings booked by groups such as the Oshwal Golfing Society, Chinese Golfing Group and the Masonic Golfing Society.

Despite the harsh effects of the adverse weather, we have continued to make improvements to keep our golf course in top shape. In this regard, we recently took delivery of a refurbished gang mower to help in managing the rough. We have also just introduced one level of turf-grass on the golf practice range to ensure it can be used throughout with minimal maintenance required.

To enable us better understand our membership and enhance communication with you, we recently completed the update of member data in Jonas. The program to digitize all club records is almost complete. This will make them easier to access and refer to in future. The Board also undertook to conduct a survey of the club land to ensure that we know the



The newly acquired gang mower at work to maintain the rough on the golf course.

David Irimu
Chairman



From the Captain's Tee

It has been three months since the new Golf Management Committee (GMC) took over management of Golf at our Club with a mandate to organize golf competitions, arrange golf sponsorships, junior golf development and golf course architecture and development. It therefore gives me great pleasure as Captain to update you on the progress we have made so far.

1. Course improvement

Our efforts to improve our Golf course continue despite the dry weather conditions and low water levels at our main water source the Brackenhurst dam. Nevertheless, we remain committed to improve our golf course with our main focus being greens and tees. In January 2023 we hollow tinned and sanded our greens for the first time since November 2021. We also patched up dead areas on our greens with grass from our nursery.

In recent weeks we have replenished the sand in our bunkers and are working towards replacing the old and damaged rakes. We work closely with our green keeping team to ensure that we have the best playing surfaces in place and our course set up during both non-competition and competition days has been deliberate to allow for recovery of certain sections of our course and particularly our tees.

It has been a challenge maintaining natural grass on the practice range due to the high volume of players and to ensure that we have a good playing surface throughout the year we recently put up an artificial mat on the upper deck of the practice range.

On course maintenance equipment, we recently purchased a rough mower to ensure we have a more even cut in our roughs.

2. Code of conduct

A revised code of conduct for both caddies and golfers is in place effective January 2023 and it is our hope that all caddies and golfers will adhere to these guidelines.

In line with initiatives aimed at improving our golf experience and to ease the task of course administration, we issued guidelines on casinos/mini masters, handicapping of our Golf professionals and the introduction of a no show penalty and post entry fees. We thank Golfers for their co-operation in this regard.

3. Junior Golf

We are committed to junior Golf development and are proud to be amongst the four founding Clubs of the Nairobi district Junior League in 2022. The Junior league has since grown to nine Clubs in 2023. I am encouraged that for the first time since the league started we had a full team including an all-girls facing Muthaiga Golf Club at home in February. We continue to encourage parents to introduce the game to their children and to grow this number we will be registering non-handicapped junior golfers in March 2023 and will be maintaining training records to monitor their progress.

In addition, to encourage our handicapped junior members aged 18 and below to enter competitions, the GMC in March introduced a junior competition fee of KES.400 which is a discounted fee from the KES.500 and KES.600 charged on Club nights and Saturday competitions respectively.

We are also in the process of developing a more advanced training programme with our Golf professionals for junior golfers who have progressed beyond the basics of the game.

4. Club Competitions

The Men's Four-ball better Ball (4BBB) commenced in February 2023 and runs up to July with 34 pairs (68 golfers) registering. While this was significantly lower than the 96 who took part in the 2022 edition, we are encouraged that we have a several new members registering for the competition this year. We believe that we will have a bigger number participating in the Men's Club Championship that commences after the conclusion of the men's 4BBB.

I look forward to your support and as an optimist see better days ahead as we continue enjoying the game we love most.

"Golf is deceptively simple and endlessly complicated; it satisfies the soul and frustrates the intellect. It is at the same time rewarding and maddening - and it is without a doubt the greatest game mankind has ever invented." Arnold Palmer.

Yours in service

Renaldo D'Souza

Captain - Limuru Country Club

The Nairobi Captain's District League commenced in February 2023, with our men's team "The Warriors" taking on Thika Greens Golf Resort at home and Kenya Railway Golf Club and Kiambu Golf Club away. We currently sit in 7th place out of the 12 competing teams ahead of our next match against Karen Country Club at home on 19th March 2023.

5. Golf Sponsorships

It has been a relatively lean year so far in terms of Saturday corporate sponsorships but we have received a lot of support from our members who continue to sponsor our Club nights and ladies' medals. I am particularly grateful to East African Breweries Ltd (EABL) for their continued sponsorship of our monthly mugs.

We have been working closely with the sponsorship committee and will be sending out detailed affordable golf sponsorship packages to our members and corporates in March and hope we can count on you for support.

Looking ahead, we have a busy competition schedule in March and April and we encourage member participation.

6. Communication

We have been steadfast in keeping our members informed about developments and initiatives aimed at improving the course and their golf experience. We remain open to receiving feedback and suggestions from members.

Ladies Captain

I would like to start by expressing my gratitude to all the members of the club for the privilege of being the lady captain. The year has started well so far, and I am looking forward to a very successful year. We have a very vibrant and active Ladies Section. Our section has several events lined up for year 2023 as below

JAN - MAR 2023

1. Medals

Medal 1: this was held on January 13th; and it was a morning draw only. We played our round of golf and later had lunch together and had the presentation. The medal was sponsored by morning golfers: Lucy Njuguna, Susan Mbaire and Varsha Pandya. 28 of us got to play and share lunch together.

Medal 2: this was held on February 14th; and being Valentines' day the colour on the course was red. The tournament was well sponsored by Shopzetu; and online apparel store; that was seeking to encourage our ladies to promote local designers by shopping online and getting unique outfits designed by local designers.

Medal 3: this was played on March 15th; very well sponsored by Chege Muchiru and Ida Njogu. The draw was both AM & PM. 38 ladies got to play, including 6 guests. The ladies also got an opportunity to sample some cocktails courtesy of EABL. After presentation we got to celebrate Ida's birthday.

	Medal 1	Medal 2	Medal 3
Silver Winner	Laureen Gibson	Wambui Gitonga	Wambui Gitonga
Silver Runner-up	Wambui Gitonga	Wairimu Thande	Laureen Gibson
Bronze Winner	Annabel Njoroge	Grace Kihui	Caroline Jeptoo
Bronze Runner-up	Anne Njenga	Anne Njenga	Beth Kariuki
Gross Winner	Wairimu Thande	Muthoni Njuguna	Dr.C N Wangari
Putts Winner	Lilian Hurst	Grace Kimeria	Patricia Wangongu



2. Ladies' Invitation

- This tournament took place on Saturday 21st January 2023.
- The sponsors were Victonell Academy, Safaricom, KWAL, K2U and Melvin's tea.
- We had 156 ladies playing as each Limuru lady got to invite 2 guests.
- Due to the slow pace of play; the format of play will be modified by the committee to allow for a more enjoyable time in Jan 2024.

3. 4BBB

- 21 pairs have signed up for the Ladies 4BBB competition
- It commenced on 16th March 2023; with 6 groups; where the best 2 teams from each group will proceed to the next level.
- May the best team win!
- We also got to award the top and runner up team for the year 2022 during the Feb 2023 medal.

The Limuru Ladies Open, which is our next big event, is scheduled for May 6, 2023, and all ladies are welcome to play and bring a friend. Non-golfing Ladies are also welcome to take part in the after-tournament festivities. Our men golfers are always accommodated during these events as subsidiary competitors.

Hannah Gatu
Lady Captain



Junior Section

Golf is an excellent pastime for young people of all ages. In addition to the obvious benefits of an active lifestyle, golf remains a sport where good behaviour and sportsmanship are still expected and valued. Learning and playing in this environment helps to develop important skills such as team spirit, self-discipline, honesty and respect; which will remain with our young people for life.

At Limuru Country Club we have always been proud of our Junior Section, where many of our older members first began their golf. We provide a friendly and safe environment where young people of all ages can learn and develop their golf.

We have made significant strides in the development of our junior program which now caters for kids 3 years and above. We have US Kids certified trainers who work with our juniors to develop their golf technical and game management skills. We continue to invest in our trainers to better understand their audience and enhance their feedback both formal and informal to the parents regarding their children's development.

We have in excess of 50 active kids in our program, both boys and girls, who consistently play tournaments and/or come for training sessions. This number continues to grow and we urge all of you to register your children during this registration drive to help us tailor junior golf events.

In 2022, in conjunction with like-minded clubs; Karen, RNGC and Vet Lab, we founded the Nairobi District Junior League, a four-ball better format, structured in the image of the ladies and men format. This year the league has grown to include additional clubs; Thika Sport, Muthaiga, Kenya Railway, Sigona and Windsor Golf & Country Club. The mission of this league is to expose of our juniors to a different playing format, provide them with an opportunity to compete against other juniors from the participating clubs and build healthy relationships among themselves.

The only way to discover the limits of the possible is to go beyond them into the impossible.
- Arthur C. Clarke

James Mbui
Junior Convenor



Gymkhana Calendar

Monday	Social Tennis 4 p.m to 6 p.m
Wednesday	Indoor Yoga 6.15 p.m to 7.30 p.m
Thursday	Social Tennis 4 p.m to 6 p.m
Saturday	Tennis Lessons <i>Open to both adults and Kids</i> 10 a.m to Noon Yoga under the stars 7.45 p.m
Sunday	Yoga Either 10.45 a.m to 12.30 pm or 2.45 p.m to 4.15. p.m



Bowling

We began the year with our first valentines bowls event on 12th February 2023. There were 30 bowlers in attendance, representing the Nairobi Club, Mombasa Sports Club, Muthaiga Country Club, and Karen Country Club.

Mr. Willy Watson, who has been a member for the past 57 years and worked as the green keeper in Limuru, was present to grace the occasion.

Mr. Jethwa, Mr. Andrew Jones, and Mr. Kiragu all succeeded in taking home the Valentine Bowls trophy. The green is currently available for use by members and their guests Monday through Sunday from 8 a.m. to 5 p.m. Jacky, our greenkeeper, is always willing to instruct prospective bowlers.



Yoga

We have been running a Yoga program under a Yoga Certified Instructor in the Squash room and weather allowing, at the Lawn Bowling area. All Yoga levels practitioners are welcome to join us because the program is run to accommodate all levels!

What is Yoga?

Yoga is a philosophy that focuses on bringing harmony between the mind and the body. It is an art and science of healthy living. When practiced correctly and concentrating on breathing, Yoga increases flexibility, muscle definition, endurance and mental clarity. It involves a combination of physical postures, movement, meditation and breathing techniques to promote mental and physical well-being. Yoga's origins can be traced to India and is considered to be over 5,000 years old.

Types of Yoga include, but are not limited to Hatha, Yin, Ashtanga and Power.

People around the world have discovered the amazing positive health impact Yoga has on their daily lives. According to statistics, there are more than 300 Million people around the world who regularly practice Yoga. 87% of all elderly Yoga practitioners said that Yoga helped relieve back pain.

Around the world:

Different Sports worldwide have embraced Yoga as a practice to improve the holistic performance of sportspersons. F.C Bayern Munich in Germany which has won the Bundesliga Football Title consecutively for the past 10 years has a dedicated Yoga Team instructor, and various universities in the USA have made Yoga an elective course as it improves the student's concentration as well as the stress resistance level, especially during exams.

The writing is on the Wall:

To amongst others, improve the above mentioned elements that will enhance the fun part of your Golf, and indeed your life in general, come join us on Wednesdays at 18:15pm or on Saturday (yoga under the stars) at 7:45pm Sundays at 10:45am and 2:45pm.

By Wilson Njuguna





Tennis Training

Every Saturday from 10 am to noon, tennis lessons are available. Plan to attend.



Tennis Lessons

Saturdays 10 AM -12 PM

Members: KSH 650 | Members Guests: KSH 750

Paybill: 885800|Acc: SD0004

Includes Court and coaching Fee

Open to Both juniors and Adults



Nature Trail

In January, our five-kilometer nature trail reopened. If you are looking to spend an hour by yourself in a peaceful, meditative, picturesque setting, our nature trail is the perfect choice.





MEMBERSHIP OPTIONS & BENEFITS

CATEGORY	MEMBERSHIP TYPE JOINING FEES (KSH)	DEVELOPMENT LEVY (KSH)	TOTAL (KSH)	BENEFITS	ANNUAL SUBSCRIPTIONS (1st year subscriptions already included in the Joining fee) KSH
Joint Full Member	444,000.00	48,000.00	492,000.00	Golfing and all other gymkhana activities.	48,000.00
Single Full Member	362,000.00	48,000.00	410,000.00		36,000.00
Joint Country Member	250,000.00	48,000.00	298,000.00	Entitled to use club house facilities. Entitled to use Golf and other gymkhana activities no more than twice in a calendar month. Must be living 70km from the club.	24,000.00
Single Country Member	204,000.00	48,000.00	252,000.00		18,000.00
Joint Social Member	256,000.00	48,000.00	304,000.00	Entitled to use club house facilities. Golf and other Gymkhana activities not included.	30,000.00
Single Social Member	210,000.00	48,000.00	258,000.00		24,000.00
Corporate Member	304,000.00	48,000.00	352,000.00	Golf and all other gymkhana activities. Corporate membership requires a minimum of three people and a maximum of 10 people from an organization.	34,000.00
Temporary (2 years maximum)	110,000.00	48,000.00	158,000.00	Golfing and all other gymkhana activities.	100,000.00
Junior Member	10,000.00	0.00	10,000.00		0.00
Absentee	10,000.00	48,000.00	58,000.00	Subject to the initial membership category	0.00

Please note the following:

- A married person cannot take up single membership and a member who is a single member needs to upgrade their membership to joint once they get married.
- Country Membership is available to persons living within a seventy (70) km radius of the Club and are allowed at the Club twice in a calendar month.
- Temporary membership can only be held for a maximum of 2 years and is currently only open to non-Kenyans.
- Junior Membership is for members' children between the ages of 18-24yrs who are still dependents of their parents/guardians, after which they transition to full members.
- Corporate Membership is open to corporate bodies as directed by the Club's Memorandums and Articles of Association and shall nominate a minimum of three (3) of its employees to take up such membership.
- Gymkhana activities are charged at KES 150 for members and KES 250 for non-members.

Club House Expansion Project

The project to be completed in 3 phases. First phase to cover the roof, reception area, ladies changing rooms' modification and expansion, children's changing room, guests WC, GM's office. The second phase will cover men's changing rooms, extra sitting space on an upper deck, e-sports room, and kitchenette and sitting area in the current sports bar section. Third phase to include office space and main kitchen expansion.

Refurbishment Levy (@Ksh 6,000 per quarter)	Ksh	Ksh
Total billed to date		15,870,000
Total collected from levy <i>(Collection in advance Ksh 3,370,000)</i>		15,537,201
Total collected from bond		3,600,000
Total		19,137,201
Invested in CIC Fixed Income Fund	10,535,201	
Invested in NCBA Fixed Income Fund	7,100,000	
Pending transfer	1,502,000	
Total		19,137,201



F&B Calendar

Tuesday

Jazz Tuesdays

*Every first and last
Tuesday of the month*

Music Starts
at **7 p.m**

Thursday

Afrobeats Thursday

*Every first Thursday
of the month*

Music Starts
at **7 p.m**

Sunday

BBQ Sunday

*Every first Sunday
of the month*

From **11 a.m**





CHAIRMAN'S PRIZE

DAVID IRIMU

Mon 22nd May Chairman's Caddies/Staff Tournament

Wed 24th May Chairman's Club Night

Thur 25th May Chairman's Ladies Medal

Fri 26th May Chairman's Casino

Sat 27th May Chairman's Cup Prize Finale

B E C O M E A S P O N S O R

Paybill 885800 | SD0200



Valentines Day

We hosted a romantic dinner for Valentine's Day that began at 7 p.m. and had 15 couples in attendance. Everyone had a great time.



Whiskey Mentorship

Members participated in a whiskey mentorship on Friday, February 17, led by David Mwangi, Jack Daniel's East African Brand Ambassador, where they sampled a variety of the company's finest whiskey. Definitely come to our next one; it's the ideal way to spend a Friday night.



Augusta Chronicles

On January 8th, 2023 being the early bird that I am, I forayed to the Augusta National Golf Club website, in a bid to volunteer my services for the Masters tournament due in April.

My abode, at that time, was but 12 kms from the famed Club. Here I was, a good three months, three days and a few minutes early. To my chagrin, I found out that slots for volunteers closed out in Nov 2022. Thus, like you, I only got to watch the 2023 Masters on TV.



It's all done and dusted. The winner was a PGA guy; the joint runners up were LIV golfers and Augusta rose above golf politics to deliver a stunning tournament.

As I perambulated in my house, I had time to gather some facts about the Masters and the Club.

1. The tournament was not played during the years 1943, 1944 and 1945 because of World War II. To help with the war effort, turkey and cattle were raised on the Augusta National Grounds.
2. No amateur has ever won the Masters.
3. No one has ever won the par three tournament and the Masters Tournament in the same year.
4. The first tournament was held on 22 March 1934.
5. Jack Nicklaus has the most Masters Tournament wins, with six.
6. Jack Nicklaus became the oldest player to win a Masters Tournament, at 46 years, 2 months and 23 days - in 1986. Had Phil, who was second this year, won, he would have eclipsed that record.
7. Tiger Woods was the youngest player to win a Masters Tournament, at 21 years - in 1997.
8. Amen Corner refers to holes No. 11, 12 and 13.
9. The pine tree is the most abundant tree at Augusta.
10. There are three dedicated bridges at Augusta National: the Sarazen Bridge at hole No. 15 - to honor Gene Sarazen's double eagle/Albatross there during the 1935 Masters, the Hogan Bridge at the No. 12 green - to honor Ben Hogan's then record score of 274 in 1953, and the Nelson Bridge at the No. 13 tee - to honor Byron Nelson's performance on holes No. 12 and 13 when he won the 1937 Masters.
11. The Crow's Nest, a 30-by-40-foot room atop the Clubhouse provides housing for amateurs during the Masters Tournament. It has room for up to five players.
12. The Champions Dinner is for members of the Masters Club, those who have won a Masters Tournament, and is hosted by the defending champion on Tuesday of Masters week. The Chairman of Augusta is the only non-winner who attends the event.
13. The 10 Augusta National Golf Club Cabins are located on the grounds of Augusta National and provide lodging for members and their guests. One of the cabins is named the Eisenhower Cabin because the Club built it for President and Mrs. Eisenhower for their visits to Augusta National.
14. You cannot apply for membership at Augusta. You can only be invited.

15. The first African-American member was admitted in 1990.
16. Darrell Royal became the only person to turn down a membership at Augusta National. When the invitation call came, his wife answered the phone instead and said no. He just didn't know about it for years.
17. Condoleezza Rice was one of the first two women to be invited to join Augusta National in 2012.
18. To date, there are six known women members of Augusta.
19. Arnold Palmer, Jack Nicklaus and former amateur standout and now Senior PGA Tour player John Harris are the only pro golfers who are members.
20. Dwight (Ike) Eisenhower is the only U.S. president to have been a Club member.
21. The Club is open from mid-October to late May.
22. Each hole is named after a plant or shrub. For example, No. 3 is called "Flowering Crab Apple."
23. The tradition of members wearing green jackets began in 1937. The idea was that Masters patrons easily could see members who would have accurate information.
24. The menu at Augusta National Golf Club, where the Masters is played, is about as cheap as any restaurant anywhere. The sandwiches are so good that many players have been known to prefer them to the formal meals offered at the Clubhouse.
25. It's a no cell phone zone at Augusta National.
 - The Club strictly monitors the use of cell phones with a zero-tolerance policy. Anyone seen with a cell phone is removed from the grounds. In some cases, rule breakers have been banned for life.
26. The official Masters dress code states that appropriate clothing and shoes should be worn at all times. Jeans are not allowed. Golf shoes with spikes are also not allowed. Only Players can wear spiked shoes.
27. Sweatpants are not permitted. Shirts must be tucked in at all times.
28. If you're a cigar aficionado, then you can continue the ancient golf tradition of smoking your stogie at The Masters.
29. Coolers, bags or picnic baskets MUST fit under chairs. NO personal furniture (chairs and/or tables). NO blankets on the ground for seating
30. Winners are allowed to take the jacket home in the year following their win but must return it to Augusta National Golf Club after that year, where it will sit waiting for the champions to don for the annual Champions Dinner and, perhaps, for another win.
31. Where do players at the Masters go to bathroom? The facilities for players on the course are designed to remain unseen. While the bathrooms at your local Club might also go by another name — they are sometimes called "trees" — the ones here are permanent structures, and they are positioned to be completely out of sight from anyone watching the tournament.
32. Do they paint Augusta green?
33. Can you smoke at Augusta? Yes, smoking is permitted at Augusta National Golf Club.
34. NO RUNNING. You're not allowed to run at Augusta National which leads to quite an amusing scene when the gates open each day as 'patrons' power-walk to their viewing positions.
35. NO SITTING ON THE GRASS. You're not permitted to sit down on the grass when watching The Masters. If you want to sit down, use a chair.
36. CAPS. Caps must be worn round the right way and cannot be worn backwards whilst on the property.

By Peter Ng'ang'a



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Golf Gallery

Crown Paints Golf Day



Ladies Medal No. 2

Sponsored by Shop Zetu



Limuru Ladies Invitation



Quiz Night

Every third Friday of the month, join us for our monthly quiz night for some fun and brain teasers. Make sure you sign up a team. Come May, Team Ginfluencers will defend their title.





Limuru Country Club

GREEN FEE RATES



NINE HOLES

Any day – Ksh. 2,000

MONDAY, TUESDAY & THURSDAY

Guest Green Fee – Ksh. 3,200
Signed in Guest – Ksh. 2,800

WEDNESDAY

Ksh. 3,700 – Inclusive of Club Night fee

FRIDAY CASINO

Guests playing in the Casino – KSh. 1,500 Green Fee
and – KSh. 1,000 Casino entry
Guests not playing in the casino – Ksh. 3,200
Signed in Guest not playing in the casino – Ksh. 2,800

WEEKENDS & HOLIDAYS

Guest Green Fee – Ksh. 3,600
Signed in Guest – Ksh. 3,200